



Demitrius T. Barksdale

As a higher education professional, social and cultural enthusiast, and a clinician who advocates for students and community members personal growth, development, and holistic health practices, Demitrius T. Barksdale, provides sound wisdom, active listening, creative instruction and program engagement and oversight through effective leadership.

Demitrius T. Barksdale is a two-time alumnus of the University of Alabama. While Demitrius' professional health and advocacy has its foundation in community health and education, with a focus on the implementation of holistic health practices, his academic profile is fundamental to psychology and sociology, and counselor education. Additionally, Demitrius is also completing his doctoral degree in the Higher Education Administration, Executive Program at the University of Alabama. While continually engaged in academic studies, Demitrius currently serves as the Assistant Director of Professional Development and Engagement and as an adjunct professor for the Culverhouse College of Business at the University of Alabama.

As a doctoral student and rising professional, Demitrius seeks to advance the field of community education through the melding of the fields of physical, mental, and social & spiritual health as he ventures to provide educational resources, trainings, and applicable skills and tools for community members to lead a healthy and sustainable life.

Demitrius has served in various leadership capacities and on many panels. He is a member of the inaugural Gandhi-King Scholarly Exchange Program, prestigious academic honor societies, and a recipient of several academic accolades, scholarships, and grants.

Demitrius is an advocate, a mentor, an educator, and an orator, but mostly, Demitrius is a professional and lifelong learner who has a passion and distinct purpose for walking closely with community members for the betterment of their lived experiences.

