

Aarthy S R is a passionate social worker and a psychologist. Currently, she works at NalandaWay Foundation as an Associate -Projects and promotes arts-based education for underprivileged children. Her experience includes working with UNICEF, India and the Tamilnadu State Government. She is a practicing mental health counselor who believes in changing lives through providing psychosocial support. She has been keenly working with marginalized communities including individuals with severe/common mental illness and inclusivity of differently-abled populations. Aarthy is a young civic leader who has been selected as one of the Gandhi-King Scholars initiated by the US State Department's Bureau of Educational and Cultural Affairs. She is also a certified special educator and served kids with learning disabilities. She is a proud alumnus of Ethiraj College for Women with Bachelor in Psychology and subsequently conferred a Master's degree in Applied Psychology from Tata Institute of Social Science - Mumbai, India. She's also a lively dancer and National level swimmer.

"As we lose ourselves in the service of others, we discover our own lives and our own happiness"

- Dieter F. Uchtdorf